

**THEME:** Workshop - Oral Dental Hygiene

**REPORT:** Go-Sharpener in collaboration with Perfora

**DATE:** May 11, 2026

**VENUE:** G.D. Goenka Public School, Sarita Vihar

**CONDUCTED BY:** Dr. Rhythm Batra

**ATTENDED BY:** Class Teachers of classes 3 – 5

### **EVENT REPORT**

A successful and informative workshop on Oral Dental Hygiene was organized by Go Sharpener in collaboration with Perfora. The session was conducted by Dr. Rhythm Batra, who shared valuable insights on maintaining proper oral health and building effective dental care habits.

The workshop aimed to create awareness among participants about the importance of oral hygiene and its impact on overall health. Dr. Rythm explained essential dental care practices such as correct brushing techniques, flossing, tongue cleaning, and the importance of regular dental check-ups. She also highlighted the role of a healthy diet in maintaining strong teeth and gums.

The session was interactive and engaging, allowing participants to ask questions and clear their doubts regarding dental care routines and common oral health issues. Practical tips and demonstrations made the workshop highly informative and beneficial for everyone present.

As a token of appreciation and encouragement, participants were provided with special gifts from Perfora. Certificates of participation were also distributed to acknowledge their active involvement in the workshop.

The workshop concluded on a positive note, with participants expressing gratitude for the knowledge gained and appreciating the collaborative effort by Go Sharpener and Perfora in promoting awareness about oral dental hygiene.

