

REPORT: DISTRICT LEVEL YOGA OLYMPIAD 2026
DATE: MAY 5TH & 6TH, 2026
CONDUCTED BY: PHYSICAL EDUCATION BRANCH, DOE
ATTENDED BY: 6 STUDENTS FROM CLASS VI - IX

EVENT REPORT

With a view to highlight yoga's role in promoting physical, mental, and environmental well-being amongst students, District Level Yoga Olympiad organized at GGSSS No 3, Badarpur, Delhi witnessed 150 yoga enthusiasts contesting from 15 districts of Delhi.

A team of young yoga aspirants from G D Goenka School, Sarita Vihar participated in the Middle Stage and Secondary Stage Girls and Boys category on May 5th and 6th, 2026.

The chief guest, DDE Zone 29 Shri Narender Singh, DDE Zone 25 Shri GP Singh and Supervisor Shri Rakesh Yadav, South East Delhi graced the occasion and encouraged the participants to continue their transformative practices of yoga to enable them maintain balance, peace and poise which shall act as a sublime expression of the quest for excellence for synthesis and harmony in their learning journey.

The skillful display of talent, confidence, strength and flexibility by the yoga performers was spectacular. The participants were judged on the basis of their suppleness, co-ordination, grace and correctness of asanas, pranayam, kapalbhati, kriya and bandh.

The profound performance, unwavering discipline, and hard work truly reflected their dedication and commitment to wellness and self-improvement. Their overwhelming victory brought laurels to the institution.

The achievement of *Anirudh Rajoria, class VIII A* for winning *IIIrd position* was appreciated by all. It was an enriching experience that motivated contestants to strive for excellence in yoga as a thriving sport.

PICTURES

