

THEME: Community Outreach Program

REPORT: Mission Poshan: Anganwadi Visit

DATE: July 17, 2026

Participation from: Interact Club (9 students)

REPORT

Adding a new dimension to our community outreach program, we initiated Mission Poshan in Anganwadi schools in our vicinity. Inspired by the GD Goenka group of school's vision on GDG Anganwadi Program, we initiated the program in our school in April 2026.

The objectives of this mission are:

- To build a strong **community outreach initiative**.
- To inculcate a **sense of responsibility, empathy, and values** among students and educators.
- To contribute towards **Poshan of Future India**, ensuring holistic growth and nutrition for children.

We identified 2 anganwadi schools in our vicinity and took student volunteers of interact club for a visit to these centers along with teacher in-charge, Ms. Urvashi Sareen. The highlight of the visit was an interactive **storytelling session** conducted by the student volunteers. Through stories and discussions, the students explained the importance of eating fresh fruits and highlighted the nutritional benefits of different fruits in an engaging and child-friendly manner. To reinforce the learning, the children enthusiastically participated in a **fruit colouring worksheet activity**, making the session both educational and enjoyable.

As a gesture of care and support, the student volunteers donated **fresh fruits, coloured pencils, and stationery items** to the Anganwadi children. They also interacted warmly with the children, building a meaningful rapport while gathering basic information regarding their height, weight, and regular eating habits to better understand their nutritional needs.

Reflecting on their experience, the student volunteers shared:

"This visit taught us several important lessons. It made us realise the value of even the smallest comforts that we often take for granted. It also showed us the importance of empathy, kindness, and sharing with others. We understood that education and awareness can bring about positive change in society, no matter how small the effort may seem."

Mission Poshan has emerged as a meaningful initiative that not only spreads awareness about healthy eating and nutrition among young children but also nurtures empathy, compassion, and a strong sense of social responsibility among our students. Through such community engagement programmes, our students continue to become responsible citizens who contribute positively towards building a healthier and more caring society.

