

REPORT:- Inter House Tennis Competition

DAY & DATE:- Friday, 30 January, 2026

CONDUCTED BY:- Sports Department

VENUE:- Tennis Court

ATTENDED BY:- Classes VI-VIII

EVENT REPORT

“Sports do not build character; they reveal it.” — Heywood Broun

Sports play a vital role in maintaining physical health, fitness, strength, and agility. In addition to their physical benefits, they contribute significantly to the social and psychological well-being of students. Participation in sports helps in shaping character, fostering discipline, and developing a balanced personality. Tennis is one such sport that engages almost every muscle group of the body. It is highly effective in regulating blood pressure, enhancing metabolism, and improving overall stamina and coordination.

G.D. Goenka Public School, Sarita Vihar, has always remained at the forefront of providing holistic development opportunities to its students. In pursuit of this objective, an Inter House Tennis Competition was organized for the students of **Classes VI to VIII** in the month of **January 2026**. Prior to the event, students were thoroughly briefed about the rules and regulations of the competition during the house meetings and were provided adequate practice sessions under the guidance of the respective coaches.

The competition concluded successfully with enthusiastic participation from all the houses. The results were as follows:

HOUSE	PARTICIPANTS	CLASS
TERESA	Saurav (Boy) Shaima (Girl)	VII B VIII-A
TAGORE	Rachit (Boy) Aarna (Girl)	VI A VII B
VIVEKANADA	Abaan (Boy) Zafirah (4,Girl)	VII C VII C
RADHAKRISHNAN	Aayushman (Boy) Vanshika (Girl)	VII A VI A

The winners were felicitated with certificates and trophies, while all participants were appreciated for their commendable sportsmanship, dedication, and competitive spirit.

GLIMPSES

