



GD GOENKA PUBLIC SCHOOL, SARITA VIHAR

GENERAL HEALTH CHECK UP

THEME: -Physical Fitness Check-up.

REPORT: General Health Check-up

DATE: 23.04.18 to 27.04.18

CLASS: Nursery to X

EVENT REPORT

To be physically fit and healthy is of utmost importance for every person. GD Goenka Public School, Sarita Vihar conducts regular health check-ups for the students which are further monitored on a routine basis.

A General Health Checkup was organized for all students from class Nursery to X to assess the growth of the students. The duration of the examination was from 23.04.18 to 27.04.18. Every student's height and weight was recorded indicating the physical growth of every individual student. The physical check -up was conducted by the School Doctor and Nurse. Special instructions were given to overweight and underweight students. Valuable tips were also shared with the students to focus on their height and stay healthy and fit.

