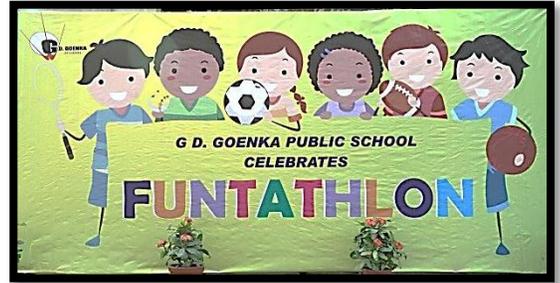


THEME: Annual Sports Day
REPORT: Goenkan - Funtathlon
DATE: Saturday, February 17, 2018.



Event Report

G.D.Goenka Public School, Sarita Vihar is cognizant of the prominence of Sports for the holistic development of young people. Aimed at shaping well-groomed individuals, quality health and physical education programs are an elemental part of the school curriculum. The morning of **Saturday, February 17, 2018** emulated more brightness and jubilation as the Management, Staff and Parents of Students of Classes Nursery to 1 gathered in the school ground to witness the youngest Goenkans exhibit their mastery of skills and concepts in physical wellbeing through the **Goenkan Funtathlon**.

The event commenced with an informal Welcome March by the students. The School Principal, Mrs.Seema Sahay, then declared the meet open by releasing colourful balloons, unfurling the motto of the school 'Higher, Stronger, Brighter'. This was followed by the oath-taking ceremony wherein the students promised to keep the spirit of sportsmanship high and an opening speech by the School Principal acknowledging the importance of physical fitness.

The audience next witnessed the various displays of the bountiful sports programmes practiced by the young students in school. The Nursery students showcased **Step-up Sports**, an academy that focuses on motor skills development. The scarf display and the parachute-play had the audience excited. Self-defence lately is an important skill to be learnt and taught. Highlighting their prowess in the same, the Kindergarten students rolled out their efficiency in **Taekwondo** from hand attacks to kicks leaving all enthralled. Flaunting their moves in the most popular sport **Lawn Tennis**, sharing relaxation techniques for the mind, body and soul through **Yoga** Display, and dancing their way to fitness via **Aerobics** Display, the students of Class 1 were both enchanting and mesmerizing. Interspersed with the displays were the various **fun races** wherein the tiny feet raced to the finishing line to claim their victory medals. The parents too participated in a group game and put their heart into emerging as the victorious team as they were cheered upon by their kids.

The event was brought to a close with the grand finale by the children making a beautiful formation of the school initials GDGSV chanting the infamous Khelo India anthem encouraging one and all to adopt sports as an integral part of routine to discipline oneself, to persevere to meet a goal, strengthen relation, instill self-confidence and above all release stress, anxiety and felicitate emotional stability and resilience.

