



G. D. GOENKA PUBLIC SCHOOL, SARITA VIHAR

THEME: Annual Sports Day

REPORT: Goenkan - Funtathlon

DATE: Saturday, February 16, 2019.

Event Report

G.D.Goenka Public School, Sarita Vihar aims at shaping well-groomed individuals and acknowledges the prominence of Sports for the holistic development of young people. The breezy morning of **Saturday, February 16, 2019** witnessed a gathering of the Management, Staff and Parents of Students of Classes Nursery to 1 in the school ground to witness the youngest Goenkans exhibit their mastery of skills and concepts in physical wellbeing through the **Goenkan Funtathlon**.

The event which commenced with a Welcome March by the students, was declared open by releasing colourful balloons by the school Principal, Seema Sahay, unfurling the motto of the school 'Higher, Stronger, Brighter'. This was followed by the oath-taking ceremony wherein the students promised to keep the spirit of sportsmanship high and an opening speech by the School Principal acknowledging the importance of physical fitness. Mrs. Sahay also shared the school's achievements in various Inter-School and Open Championship Sports competitions.

The audience was then enthralled by the various displays of the bountiful sports programmes practiced by the students in school. The Nursery students showcased **Step-up Sports**, that focuses on motor skills development. Highlighting their prowess in Taekwondo, the Kindergarten students rolled out their efficiency from hand attacks to kicks. Students of Class 1 flaunted their moves in the most popular sport **Lawn Tennis**, and shared relaxation techniques for the mind, body and soul through **Yoga Display**. There were various **fun races** too wherein the tiny tots raced to the finishing line amidst cheers. Parents too re-lived childhood by participating in a group game and put their heart into emerging winners.

The event was brought to a close with the grand finale by the children making a beautiful formation of the Indian National Flag chanting the anthem "Give me Freedom, Give me Fire" encouraging adults to be the wind beneath their wings to help them persevere to meet a goal, strengthen relation, instill self-confidence and above all facilitate emotional stability and resilience in their journey of life.

