



THEME: Sports and Creative Activities

REPORT: Summer Enrichment Programme 2023

DATE: May 20 to May 26, 2023

CLASSES: I & II

EVENT REPORT

**Summer Camps are about growth and accomplishment
and not just to keep the kids busy.**

A Summer Enrichment Programme was organized for students of class I & II to help them to explore new avenues and develop newer interests. The camp was organized in the premises of the Junior School building and was conducted by the Goenkan faculty. The week-long Programme was a well-balanced combination of learning with fun for the children as well as their teachers.

The programme that started from May 20th and culminated on May 26th 2023. Every participating Goenkan was provided with an opportunity to try his/her hand at the various creative and sports activities that engaged and encouraged them to continue learning in a play way method. Activities ranging from Nrityakala (dance), Dhvani (music), Abhinay (theatre), Prakriti, Art, Tech Wiz (computers) to sports activities like Tennis, Skating and Self Defense were planned with a proper schedule for students to make the programme both enjoyable and meaningful.

Nrityakala-

‘Dance rejuvenates the body as well as the mind’. In this activity the students were taught free style dancing on peppy numbers.

Dhwani-

Music expresses the emotions that words cannot. The children learnt ‘The action song’ related to the fact that happiness is a focal point of life.

Abhinay-

There is well known saying by William Shakespeare that ‘All the world is a stage’. The students were given a platform to demonstrate their acting skills and the theater teacher honed their skill by imaginatively giving them real life situations.

Akriti- Art and Craft

The students were encouraged to make beautiful pen holders and photo frames, while tapping their aptitude in Art they drew and coloured Abstract Landscapes.

Prakriti

Prakriti encouraged creativity, it fostered an appreciation for nature and its diverse beauty. Spending time in nature helps mental health problems, it also improves a child's academic performance and critical thinking.

Sanskriti

Sanskriti introduced the primary class children to the rich cultural heritage of India through interactive activities, art, music, and storytelling, fostering appreciation, respect, and understanding of diverse traditions and customs.

Yoga

Yoga is a beneficial physical activity for young children which promotes well-being and relaxation. The yoga sessions helped in enhancing their concentration and mindfulness along with a balanced approach towards life.

Step up

The young students engaged in a variety of physical activities such as running, jumping, playing with hoopla rings and dancing. These activities enhanced their motor skills, social skills, self-confidence along with healthy growth and development.

Tech Wiz-

Computer proficiency offer limitless opportunities, from learning typing to coding. Programs like Tux Paint enhance artistic skills, nurture imagination and improve fine motor abilities in students.

Tennis-

Engaging in tennis provides a highly effective motor exercise while also fostering the development of balance, agility and coordination. The students found great joy taking part in tennis with their peers.

Skating-

Skating boosts balance and coordination while fostering teamwork. It improves fitness while promoting outdoor play and social interaction with their peers.

Self Defense-

Students learnt various techniques through physical activities to defend themselves. Such activities build self-discipline, self-confidence. These activities are paramount to young developing minds and makes them physically and emotionally fit.

The summer enrichment programme helped the students in honing their creative skills and showcasing their hidden talent. On the last working day of the programme all participants were awarded with a completion certificate to appreciate their efforts during the same.

