



G D GOENKA PUBLIC SCHOOL, SARITA VIHAR

REPORT: Special Assembly

THEME : Healing Herbs

DATE: Thursday, July 27, 2023

CLASS: Class II B

Event Report

‘Just being surrounded by bountiful nature, rejuvenates and inspires us’

Morning assemblies are a vital part of the Goenkan curriculum. GDGPS, Sarita Vihar added flair to the custom by presenting a Special Assembly conducted for the students of Class Nursery to II in the junior wing. The topic presented by the students of Class II B was ‘Healing Herbs’. The theme was chosen to compliment the celebration of the Back to Nature Week.

The students of Class II B took the center stage to explain that the fast paced world that the human race is living in is distancing them from nature. The students talked about present lifestyle which has shown severe adverse effect on all and how it is important to know that by introducing small changes in day to day life can go a long way in keeping all healthy and energetic.

The presenters also drew attention to the fact the use of natural ingredients and medicinal herbs today have become a symbol of safety in contrast to synthetic drugs that are considered unsafe and hazardous for overall health. The students performed a skit presenting real life situations of a family and how each member started looking back to nature to find out the cures for day to day infections and diseases like cold, cough, joint pains to name a few.

The assembly concluded with a beautiful dance performance a relevant song which was the plea of the flowers and trees to let them live in this world to have a better future.

The Headmistress, Mrs. Vinita Sachdeva appreciated the performance of the students and explained in detail about the healing herbs and their uses to lead a healthy lifestyle.



