



G.D GOENKA PUBLIC SCHOOL, SARITA VIHAR

THEME:Pearly Teeth

REPORT:Dental Hygiene

DATE:Friday, July 17, 2020

CLASS:Nursery– II

EventReport

“Life is short. Smile while you still have teeth.”

–Mallory Hopkins

With an aim to establish and promote the importance of good oral care habits in young children, an Oral DentalHygiene Awareness webinar,‘**Pearly Teeth**’was organized on Friday, July 17, 2020at G D Goenka Public School Sarita Vihar through a live stream.The resource person of the webinar was Dr. Prerna Pahuja, Consulting Orthodontist in various reputed Delhi hospitals.

The webinar was initiated with dental awareness talk, educating students and parents about common dental ailments, especially stressing on tooth decay and gum diseases and measures to prevent them. The audience were briefed about the eating patterns and food choices which cause tooth decay. With good and the right kind of dental care one can prevent cavities and tooth decay.Through virtual live demonstration they were also explained about the significanceof tooth brushing techniques.

The school Principal Ms. SeemaSahay and the Primary Headmistress, Ms. Vinita Sachdeva also stressed on the importance of oral health awareness among the children and advised them to takegood care of their chewing tools by brushing right and getting regular dental checkups done.

It was an enlightning session and the children comprehended that for a healthy life witha dazzling smile they must take care of these little pearls.

