



## G D GOENKA PUBLIC SCHOOL, SARITA VIHAR

**REPORT:** Back to Nature Week

**DATE:** Monday, July 24, 2023 and Friday, July 28, 2023

**CLASS:** Nursery to Class II

### Event Report

**“Nature is the source of all true knowledge.”**

–Leonardo da Vinci

In recognition of the nature's richness in knowledge and inspiration, and aiming to instill a deeper appreciation for the natural world while promoting environmental consciousness, the Junior School of G D Goenka Sarita Vihar celebrated a special week named the 'Back to Nature Week.'

The week included a diverse array of activities meticulously planned, ensuring an engaging and enriching learning experience for all students. On the first day, the Goenkans prepared a **natural moisturizer** using simple ingredients like glycerin and rose water, marveling at its effortless creation. The following day, they skillfully combined aloe vera gel and rubbing alcohol to produce a **natural sanitizer**, prioritizing cleanliness and environmental well-being without harmful chemicals. **Natural oils** offer a myriad of benefits, not only for the environment but also for our overall well-being. During the activity on third day, an impressive array of oils was showcased, and the fascinating process of obtaining these oils was explained using real objects. The little learners discovered the process of transforming olives into olive oil, mustard seeds into mustard oil, sesame seeds into oil, and coconuts into coconut oil.

Continuing the nature week series, our cherished grandmoms' wisdom was honored in a **special assembly** titled '**Healing Herbs.**' The children presented a captivating performance, highlighting the benefits of herbal remedies like tulsi for cough, aloe vera, sandalwood, and haldi for various skin and health issues. The young ones eagerly embraced this traditional knowledge, recognizing the potency of nature's healing remedies. Ending the week on a delightful and aromatic tone, the children engaged in the art of crafting **natural perfumes** using fresh rose petals. By skillfully blending these fragrant rose extracts, they created pleasing scents that not only delighted the senses but also showcased their dedication to honoring and conserving the environment.

The week-long nature activities fostered a profound connection with nature, instilled valuable knowledge, and inspired the students to cherish and protect the wonders of the natural world.

