







Government of India  
National Commission for Protection of Child Rights (NCPCR)

**'Exam Fest' -Managing Examination Stress (from 10<sup>th</sup> February to 31<sup>st</sup> March 2020) (3.00-4.00 pm)**

**#Pariksha Parv 2.0 (Datesheet of Experts for Live Streaming in the month of FEBRUARY)**

S.No	Expert	Name of the Experts	Date/Time of Live streaming
1.		<b>Shri. Mukul Kanitkar</b> National Organising Secretary, Bharatiya Shikshan Mandal	10 <sup>th</sup> February, 2020 (Monday) 3.00-4.00 pm
2.		<b>Dr. Jitendra Nagpal</b> Sr. Consultant Psychiatrist and Head, Instt. of Mental Health and Life Skills Promotion & Institute of Child Development and Adolescent Health, Moolchand Medcity, New Delhi	12 <sup>th</sup> February, 2020 (Wednesday) 3.00-4.00 pm
3.		<b>Dr. Rajesh Sagar</b> Professor, Department of Psychiatry, All India Institute of Medical Sciences, AIIMS, New Delhi	14 <sup>th</sup> February, 2020 (Friday) 3.00-4.00 pm
4.		<b>Dr. Nimesh G Desai</b> Director, Institute of Human Behaviour & Allied Sciences (IHBAS), New Delhi	17 <sup>th</sup> February, 2020 (Monday) 3.00-4.00 pm

5.		<p><b>Ms. Geetanjali</b>  Psychologist , Practicing Counsellor, Trainer, Parenting coach, And  Motivational speaker  New Delhi</p>	19 <sup>th</sup> February, 2020 (Wednesday) 3.00-4.00 pm
6.		<p><b>Dr. Amit Sen</b>  Child &amp; Adolescent Psychiatrist  Sitaram Bhartiya &amp; Children First Mental Health Institute, New Delhi</p>	21 <sup>st</sup> February, 2020 (Friday) 3.00-4.00 pm
7.		<p><b>Sister Brahma Kumari Shivani</b>  Goodwill Ambassador of World Psychiatric Association.</p>	24 <sup>th</sup> February, 2020 (Monday) 3.00-4.00 pm
8.		<p><b>Heartfulness Education Trust</b>  (Shri Ram Chandra Mission)</p>	26 <sup>th</sup> February, 2020 (Wednesday) 3.00-4.00 pm
9.		<p><b>Dr. Sujata Satpathy</b>  (Clinical Psychologist)  Associate Professor,  Clinical Psychology, Department of Psychiatry, AIIMS, New Delhi</p>	28 <sup>th</sup> February, 2020 (Friday) 3.00-4.00 pm